UPWARD BOUND

TRUMAN STATE UNIVERSITY

Truman State University's Upward Bound Project (UB) provides selected high school students with effective preparation for college application, enrollment, and success. UB participants benefit from mentoring by college students, tutoring in core subjects, help with college/career exploration, and guidance through the college admission and financial aid application processes.

WHAT HELP DOES UB PROVIDE?

- Individualized assistance in weekly afterschool meetings at area target schools

- Advising on high school course selection for effective preparation for college

- Help developing time management and organizational skills, as well as improving note-taking and test-taking skills

- Exploration of career goals, relevant majors, and potential colleges/universities

- Assistance with college selection, application, and financial aid

- Connection to positive college role models and other college-bound peers

- Experience living on and navigating a college environment as part of an on-campus summer college preparatory academy

QUALIFICATIONS FOR UPWARD BOUND

- Be a high school sophomore when applying
- Have college potential but need additional support to be fully prepared and

EITHER

- Qualify by meeting family income guidelines established by the U.S. Department of Education

AND/OR

- Be a potential first-generation college student (neither natural or adoptive parent living in the home has a four-year degree)

TO LEARN MORE

- Attend an informational meeting led by UB staff at your high school in October
- Ask your high school counselor for more information
- Contact the UB office to speak with a staff member about program eligibility, application, and participation
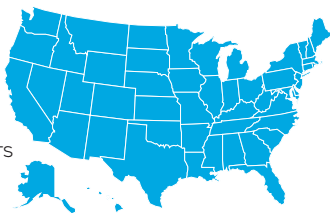
Upward Bound at Truman State University
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THERE ARE OVER

900

UPWARD BOUND PROJECTS IN THE UNITED STATES.

85% of UB participants go directly to college after high school graduation.
UB participants graduate from college at **over 4 times the rate** of similar students who did not receive UB services.

All services are provided at **NO COST** to participants and their families.